



Oral Conscious Sedation Preoperative Instructions

1. **Do not eat or drink 6 hours prior to your dental procedure.**
2. Any medications that are normally taken should be taken with a **sip** of water, unless otherwise instructed by the doctor.
3. **A responsible adult must accompany the patient to the office, and drive the patient home after the procedure.** This person must be able to drive since the patient will not be able to drive for at least 18 hours after the sedation. If the escort leaves the office at anytime during the procedure, he or she must notify the front desk person, and provide a cell phone number where they can be reached immediately.
4. Loose clothes should be worn.
5. Contacts should not be worn the day of the planned procedure.
6. Anesthetic can not be administered if you have a severe cold, sore throat or sinus infection with excessive drainage. If you develop any of the problems prior to your appointment, please call the office so that we can reschedule your appointment.
7. No make-up, earrings, or any jewelry (including body jewelry). Please **remove fingernail polish.**
8. While taking antibiotics, birth control pills may become ineffective. Extra precautions should be taken while you are on antibiotics.
9. **Be here at your appointment time. If you are late, or do not have an attendant, your appointment must be rescheduled.**
10. **Please call (205) 933-8544 if you must reschedule or cancel your appointment. Please give 48 hours notice for cancellations.**
11. Payment is expected the day of your dental procedure, and should be taken care of prior to sedation.

Signature: _____ (patient)

Date: _____